



Est. May 2004

Committee Members

Chris Rhodes (**Chairman**) 041-5859500; Richard Burbidge (**Vice-Chairman**) 041-3711637;
Merlene Robinson (**Secretary**) 041-5037902; Gill Collins (**Treasurer**); Aubrey Bradfield 041-5858583;

NEWSLETTER OCTOBER 2015

THIS MONTH'S SPEAKER – Dr Gillian Nutt. Tuesday 27 October at 10h00

Dr Gillian Nutt, who is an osteopath in Port Elizabeth, will address us on 'The Role of Diet in the Prevention of Cancer and other Diseases'.

24 NOVEMBER MEETING

To end off the year, join us to enjoy some entertainment. Details will be given at the meeting.

DECEMBER - No meeting

26 JANUARY MEETING – Carol Massyn speaking on 'An Introduction to Genetics'

23 FEBRUARY MEETING – Talbot Cox speaking on 'Energising Your Retirement'

NOVEMBER OUTING - Elands Nursery, Wednesday 18 November at 9h30

The tour is free of charge and lasts for about 1hour 30 minutes. During this time you are taken through the production and propagation areas, and feeding, watering and bark processing plants. The nursery is situated on a farm and there is a fair amount of walking, therefore takkies/walking shoes are suggested.

For those who don't fancy the walking, you can opt out any time and enjoy tea with us afterwards. The cost of tea/coffee, savoury scones with cheese, a slice of chocolate cake and a slice of pecan pineapple cake is R25.

We are encouraged to bring along all our gardening questions which will be answered by gardening guru, Kay.

Everyone attending will take home a free plant.

If you would like to join us, please put your name down on the list at the meeting, together with R25. (We need a minimum of 8 people in the tour group).

As we are still awaiting directions from the nursery, this will be available at the meeting.

CHRISTMAS LUNCHEON – Friday 11 December 12h30 for 13h00

The venue will be the PE Women's Club, Summerstrand and cost will be R125. Bookings will be open at the October and November meetings.

Menu

Starter

Tuna Mousse (alternative Chicken Liver Pate)

Main Course

Turkey and stuffing

Gammon

Roast Potatoes

Veg in season

Dessert

Xmas Pudding with Brandy Sauce (alternative Fruit Salad)

Tea/coffee and Mince Pies

Bread and butter will be on the tables.

SEPTEMBER OUTING

A small group braved the weather, which actually improved enough to allow us to have our train rides, after a very interesting talk on steam by our member Brian Simpson. More photos on the website.



FOR THE MUSIC LOVERS

NOVEMBER

11 - Feather Market Organ Society Dr Daniel Nel (Johannesburg) Feather Market Centre 13:00

29 - ECPO (to be confirmed) Symphony Concert

NOTE: Please confirm with the relevant society that details are correct before attending.

PE Music Society

Tel: 041 504-2250

Feather Market Organ Society

Tel: (041) 503-7854

ECPO

Tel: 041-504 7747

NMMU Department of Music

Tel: 041-504 2250/4235

LAST WORD:

'Happiness is not the absence of problems but the ability to deal with them'

Baron de Montesquieu

See you at the Meeting

Merlene

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